

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van der Elst Astrid

Coaches: Moerman Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:14, starttime: 09:11

Heat: 14/16 Lane : 5 Athlete: DHAESELEER FRAN					Q-time: 02:26:53
PB (50m pool): 02:26.53 Antwerpen 17/05/2026			PB (25m pool): 02:24.44 SB: 02:26.53 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.14	01:10.38	01:53.99	02:26.53	
	00:32.14	00:38.24	00:43.61	00:32.54	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:16, starttime: 09:17

Heat: 16/16 Lane : 5 Athlete: DEBECKER CHARLOTTE					Q-time: 02:23:96
PB (50m pool): 02:23.96 Brugge 01/02/2026			PB (25m pool): 02:19.31 SB: 02:23.96 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.02	01:08.91	01:51.12	02:23.96	
	00:32.02	00:36.89	00:42.21	00:32.84	
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+ Heat:12, starttime: 10:00

Heat: 12/12 Lane : 3 Athlete: DHAESELEER FRAN					Q-time: 00:58:20
PB (50m pool): 00:58.20 Antwerpen 27/07/2025			PB (25m pool): 00:57.84 SB: 00:58.37 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M			
PB	00:28.25	00:58.20			
	00:28.25	00:29.95			
					

Coach feedback:

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Event number: 37: 100M BACKSTROKE MEN 15+				Heat:3, starttime: 10:07	
Heat: 3/13 Lane : 8 Athlete: VANVYAENE MATTHYS				Q-time: 01:07:57	
PB (50m pool): 01:07.57 Antwerpen 15/03/2026				PB (25m pool): 01:06.71 SB: 01:07.57 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:32.56	01:07.57			
	00:32.56	00:35.01			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+				Heat:5, starttime: 10:11	
Heat: 5/13 Lane : 7 Athlete: DEBECKER MATHEO				Q-time: 01:06:01	
PB (50m pool): 01:06.01 Brugge 01/02/2026				PB (25m pool): 01:04.03 SB: 01:06.01 Brugge 01/02/2026	
	5 0 M	1 0 0 M			
PB	00:32.48	01:06.01			
	00:32.48	00:33.53			
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:7, starttime: 11:25	
Heat: 7/19 Lane : 2 Athlete: VANVYAENE MATTHYS					Q-time: 02:07:86	
PB (50m pool): 02:07.86 Brugge 01/02/2026					PB (25m pool): 02:03.94 SB: 02:07.86 Brugge 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:29.90	01:02.91	01:36.20	02:07.86		
	00:29.90	00:33.01	00:33.29	00:31.66		
						

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:11, starttime: 11:35	
Heat: 11/19 Lane : 1 Athlete: DEBECKER MATHEO					Q-time: 02:05:49	
PB (50m pool): 02:05.49 Lago Kortrijk Weide 03/05/2026					PB (25m pool): 02:01.16 SB: 02:05.49 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:29.16	01:01.69	01:34.51	02:05.49		
	00:29.16	00:32.53	00:32.82	00:30.98		
						

Coach feedback:

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Event number: 40: 50M BREASTSTROKE WOMEN 15+							Heat:7, starttime: 12:06		
Heat: 7/12 Lane : 8 Athlete: DHAESELEER FRAN							Q-time: 00:36:69		
PB (50m pool): 00:36.55 Antwerpen 14/04/2024							PB (25m pool): 00:35.04SB: 00:36.69 Brugge 25/01/2026		
	5 0 M								
PB	00:36.55								
	00:36.55								
									

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+										Heat:11, starttime: 12:10																													
Heat: 11/12																				Lane : 7					Athlete: DEBECKER CHARLOTTE										Q-time: 00:34:29				
PB (50m pool): 00:34.29										Antwerpen 27/07/2025										PB (25m pool): 00:33.00										SB: 00:34.58					Brugge 25/01/2026				
		5 0 M																																					
PB		00:34.29																																					
		00:34.29																																					
																																							

Coach feedback: